1. For this Renaissance Headdress, a rough pattern is developed using a balloon taped to a head block.
2. Use the pattern to cut out the fosshape. Sew the pieces together using a small, tight stitch. Trim the seams very close so the direction the seam lays is of no concern.

4. Blow up another balloon inside the sewn fosshape. Knot off the balloon when it has filled out the top of the headdress.
5. Position the headdress on a plastic covered head block and pin it in place. Make sure that the headdress is at the angle you want. Check the headdress from side to side and front to back.

6. Steam the foshape. If you plan to dye the headdress, leave it on the form.

7. The headdress is now ready to be dyed, wired and finished.